

# THE FIVE COMMITMENTS OF OPTIMISTIC LEADERS FOR CHILDREN

JOURNAL STUDY



## FOR ALL ADULTS IN SCHOOL & CARE SETTINGS

Join us for a 12-session journal study.

"You will learn to challenge your biases, develop antiracist practices, and exercise intentionality in your work relationships.

In doing so, you will be cultivating yourself as an Optimistic Leader for children, helping to create an equitable, healthy, collaborative, and constructive climate for children's learning and development."

*Judy Jablon y Nichole Parks, The 5 Commitments of Optimistic Leaders*

## THE 5 COMMITMENTS

Think **IMPACT** to make informed decisions

Cultivate **SELF-AWARENESS** to guide thought, emotion, and behavior

Nurture **RELATIONSHIPS** to support learning and collaboration

Refine **COMMUNICATION** for mutual clarity and understanding

Activate **CURIOSITY** to find connections and continue learning

**SATURDAYS, 9:00-10:15 AM  
VIRTUAL - ZOOM**

**Stipend  
Eligible**

**SEPTEMBER 16 & 30**

**OCTOBER 14 & 28**

**NOVEMBER 4**

**DECEMBER 2 & 16**

**JANUARY 20 AND 27**

**FEBRUARY 10 & 24**

**MARCH 16**

Questions? 415.499.5889 or [ttaylor@marinschools.org](mailto:ttaylor@marinschools.org)



## REGISTRATION:

[HTTPS://FORMS.GLE/NMDQCQSCQBSWZS7Y9](https://forms.gle/NMDQCQSCQBSWZS7Y9)

